

6 Thinking Hats

The **6 Thinking Hats** is a parallel thinking process that is an excellent way of managing a meeting. It is developed by Edward De Bono and the descriptions below can be found in www.debonogroup.com. The key benefits of this process include ensuring individuals look at all aspects of an issue and achieving efficiency due to having the same focus in the flow of discussion.

The White Hat calls for information known or needed. "The facts, just the facts."

The Yellow Hat symbolizes brightness and optimism. Under this hat you explore the positives and probe for value and benefit.

The Black Hat is judgment - the devil's advocate or why something may not work. Spot the difficulties and dangers; where things might go wrong. Probably the most powerful and useful of the Hats but a problem if overused.

The Blue Hat is used to manage the thinking process. It's the control mechanism that ensures the Six Thinking Hats® guidelines are observed.

The Green Hat focuses on creativity; the possibilities, alternatives, and new ideas. It's an opportunity to express new concepts and new perceptions.

The Red Hat signifies feelings, hunches and intuition. When using this hat you can express emotions and feelings and share fears, likes, dislikes, loves, and hates.

